**Yoga with Kiki Terms and Conditions of Use**

**Bookings and Cancellations**

**Classes run term times only** unless specified.

**Booking** a class with Yoga with Kiki can be made by email for your first free taster lesson only or via my website yogawithkiki.co.uk using **online booking system 10to8** on the Classes Timetable and Booking page. If you would like to contact me to discuss the classes then please email me at [yogawithkiki@outlook.com](mailto:yogawithkiki@outlook.com)

**There will be no drop-ins. All classes must be pre-booked online.**

**Online and physical Classes**

You can choose between 2 formulas. Either attend online classes only (£5 per lesson for the duration of the term) or attend a blend of online and physical classes (£8 per week for the duration of the term).

**Online Classes**

Lessons take place once a week on Thursdays at 7.30pm and last 60 minutes. Lessons take place via the application Zoom. **To secure a place for the term for the online lessons only** **formula** you will need to confirm that you wish to book for the term by email and return your signed and completed registration form. You need to have read and agreed to the Guidance to Online Yoga with Kiki classes. Payment is made by bank transfer 24 hours to start of the term. Communication and log in details to Zoom classes will be made via a dedicated What’s App group. You can also book in to let YWK know if you are attending by using the online booking system available on the website: www.yogawithkiki.co.uk

**Pricing:** £5 per lesson for the duration of the term per person (example: for a 6-week term the price will be £5x6= £30). If you are part of a household of 2 practising the price will be £8 per lesson.

**Physical Classes ( online classes)**

Lessons take place during term time only with some exceptions over the summer break or some bank holidays. To secure a place by **booking for a whole course** (5,6,7 or 8 week terms), you will need to confirm that you wish to book on for the whole course via email and that you will make full payment for the course via bank transfer received 24 hours prior to the course starting. You will need to have returned and signed all necessary forms via email and any other requested form. These include: the registration form, YWK Risk Assessment form, Guidance to Online Practise form.

Once a whole course has been booked you will not be able to get a refund unless this is requested one week prior to the start date of the course.

**Pricing:** £8 x the number of weeks in the half term (5-week term= £40, 6-week term = £48,

7-week half term = £56, 8-week term = £64)

This physical and online classes formula entitles you to attend up to **3 physical classes a week as well as the 1 online class** **per week** (see details above). These lessons take place on Mondays 7.15pm (mixed ability), Wednesdays 7.30pm (for total beginners), Fridays 9.30 am (mixed ability). All classes last 60 minutes and take place at St Denys Boat Club, Priory Avenue, SO17 2LT).

**Lateness to lesson:**

Each class begins with warmup exercises. Should you arrive late but during the warmup you will be welcome to join in and will be given additional warm-up instructions if necessary. Clients arriving after the warm-up will not be permitted to join the class.

**Cancellation of Classes:**

You may cancel a class on the online booking system up to 24h prior to the class starting at no other cost. Should you cancel twice or more within the term at shorter notice, you will not be permitted to attend physical classes until the end of the term. This is because class size is limited to 10.

**1-1 appointments:**

These are set via email only. An initial consultation will then be arranged free of charge at a public space where a discussion will take place to inform the client of the content of the private practise that will take place either at the client’s home or for an additional fee at a specified yoga teaching venue. Payment for 1-1 yoga is done by bank transfer prior to the lesson taking place. A reminder will be sent prior to your booked appointment. A 24 hours’ notice is requested should you be unable to keep your appointment. Should you cancel with less than 24 hours’ notice, you will not be able to receive a refund for your appointment. Communications may also take place using what’s app. 1-1 sessions are only for over 18 year olds.

Please sign and return this form via email to show that you have read, agree to all Yoga with Kiki Terms and Conditions.

Sincerely,

Signature: date:

Signature of parent/guardian if under 18: date:

Kiki

(last edited 23/07/20)